

PROJECT EMPATHY FORGES SCHOOL, FAMILY, COMMUNITY BONDS IN BONIYAR

SRINAGAR, OCT 19: The year 2020 was like turning the page in human history. We were in the grip of a virus that killed mercilessly. Countless people were dying. Others were suffering the deepest pain of losing their loved ones. In the midst of such traumatic events, we saw the best and the worst of humanity. We were abandoning each other when we needed each other the most. The isolation suffered by people all across the world was terrifying. Perhaps we were being told to slow down. To hear, connect and be there for one another was difficult.

That is when we coined Project Empathy to bring 'alive' conversations around emotions, feelings, fears amongst school children and teachers. "We are looking forward to creating Schools, Community and Family partnerships to care for the children we share," said Vibha Lakhera, the Founder of Project

Empathy. Empathy is the highest form of intelligence. It compels us to process multiple layers of data about another person, feel for them and act from a place of compassion towards them. Empathy education or empathy training rewires the way we function as there are changes that occur in our brains which activate the mirror neurons. It directly affects our sense of well being and mental health.

Children and teachers were rejoining the schools after a gap of two long, painful years. It was essential to understand one another at a slower pace. Therefore Project Empathy initiated a six months long intervention in Boniyar, Kashmir, Kohima, Chieswema in Nagaland and Delhi. This is the first phase of the project. Teachers workshops were conducted at the outset to orient the educators about the importance of addressing empathy in the schools and about the

format of the intervention. The project was backed with the baseline research in collaboration with Sreepriya Menon who is a trained therapist.

In Kashmir, the Principal of Army Goodwill School, Boniyar, Mr. Rizvi, said that it was need of the hour to introduce empathy in the schools. The students have received the project very well and so have the teachers. It is a new topic which is not a part of the academic education. Yet it has generated interest amongst the teachers to not only educate themselves about the concepts included in the project, but also to deliver them to the students with utmost care and sincerity.

According to Ms. Tafheem, who is coordinating the execution of the project in ACS Boniyar, "As far I have observed them, they have developed creative thinking. Apart from emotional development students have also developed in their vocabulary whenever they have to write the



answers they also go for choosing the right words. Besides behavioural changes, it is also adding to their academics."

It has resulted in the students becoming more confident about

sharing their feelings and emotions with their peers and teachers. They have also become creative in giving expression to their ideas. They have learnt that it is safe to openly talk about

their fears and doubts without being judged by their classmates or teachers. This has helped in addressing the discriminatory thoughts and a sense of separation that children experience from one another. The project has thrived on storytelling, journaling, artwork, discussions, nukkad natak and many such creative ways of introducing empathy and compassion to the school ecosystem.

Project Empathy's activities and approach reinforces the humanitarian role of how the army participates in developing civilian lives and safeguards health and rights of those most vulnerable, especially in conflict areas. There is an extreme impact of multiple stressful factors contributed by tough temperatures and terrain, distance from family and civic life and influence of critical incidents in these areas where army works and plays a huge role. By initiating this work with Project

Empathy, the army has supported the well being of families and communities residing there. It is important to bring such concepts more and more in the regular discourse of the schools to sow seeds of change in the consciousness of our students.

We are grateful for the support given to the project by the school authorities; Principal Mr. Rizvi, Ms Tafheem and all the staff members of army goodwill school, Boniyar; the officers of Dager Division; General Ajay Chandpuria, Brig. Phogat, Brig Dhillon and Lt Col. Shiraj; The Co founder Mrs Sudha Gemini; project staff, Ms Anita Nayyar, Ms. Apala Naithani, The Research Partner Ms. Sreepriya and the guidance that we got from our Advisors, Ms. Usha Rai, Ms. Monica Banerjee and Mr. Shashidhar Nanjundaiah.

We are looking forward to initiating phase II of the project in 2023 and increasing our footprints in the Valley.

Positive Kashmir football tournament

Bandipora FC defeat JK Bank Academy



SRINAGAR, OCT 19: In the 2nd edition of Positive Kashmir Invitational Football Tournament 2022 being played at Synthetic Turf Football Stadium Srinagar, Bandipora FC defeated JK Bank Football Academy in a tie breaker by 5-4 in today's

match. Both teams played 1-1 draw till the end of the 90' match.

With this win, Bandipora FC reached to the second round of the championship and the Bank Academy had to face the early elimination.

As per the fixture issued by the organisers, Court Road XI Academy will take on Iqbal Sports FC on 20th Oct Thursday at 6:15 pm, which is the kickoff time of the match. The tournament is being organised by the Positive Kashmir.

PRESIDENTS OF B'LA, SOPORE MCS CALL ON LG

SRINAGAR, OCT 19: Musarat Kar, President, Municipal Council, Sopore and Touseef Raina, President Municipal Council, Baramulla called on Lieutenant Governor Manoj Sinha, at the Raj Bhavan here today. The Presidents of the Municipal Councils during their interaction with the Lt Governor held discussion on an array of developmental issues of their respective constituencies.

Raina apprised the Lt Governor about the major demands of Baramulla town including establishment of multi-level car parking in municipal limits, Football Academy Rangwar, new mini-secretariat, beautification of Jhelum, streetlights for the town, besides macadamisation of roads, inner lanes, proper drainage system, Deep Drainage Project for Baramulla, Delimitation of MC Limits, Decongestion of Old Town, and industrial area.

Meanwhile, Musarat Kar also submitted a memorandum of issues and demands of Sopore including Deep Drainage Project for Sopore, establishment of Mini Secretariat, up-gradation Sub District Hospital Sopore, and development of Sopore New Bus Adda at Model Town, besides other public issues.

The Lt Governor gave a patient hearing to all the issues and demands and assured of appropriate action regarding all genuine issues presented by the public representatives on merit. He impressed on the public representatives from Baramulla to continue their endeavours for the development of their constituencies and welfare of people.

Later, Smita Bhagat, Head - Government & Institutional Business and e-Commerce, HDFC Bank also called on the Lt Governor. Bhagat apprised the Lt Governor about the efforts and initiatives of the bank for financial inclusion and business development. She further informed about enrolling 1000 Village level entrepreneurs (VLEs) as HDFC banking facilitators with the Common Service Centres (CSCs) for extending banking products and services to the common masses and 20 new branches to be opened by the HDFC Bank.

Special Judge Anti Corruption convicts ex-Patwari for demanding, accepting bribe

SRINAGAR, OCT 19: The Court of Special Judge, Anti Corruption, Anantnag convicted an official namely Abdul Aziz Wagay, then Patwari Kreeri Shangus, District Anantnag in trap Case FIR No.02/2009 P/S VOK now (ACB) u/s 5(2) P.C Act. and Section 161 RPC. The accused, as per an official statement, was sentenced simple imprisonment for a period of 18 months under section 5(2) of J&K Prevention of Corruption Act and one year under section 161 RPC and a fine of Rs 10,000/- and Rs 5000/- under each offence for demanding and accepting Rs 500 from complainant for issuance of revenue extract.

According to the statement, the brief facts of the case are that on 31-1-2009, complainant approached Sr. Superintendent of Police Vigilance Organization Kashmir (Now ACB South Kashmir) with a written complaint alleging therein that he approached Patwari Halqa Kreeri Shangus Shri. Abdul Aziz Wagay for obtaining Revenue Extract (Fard Intikhab) of the land mutated in his favour and his brother after the death of his father. The concerned Patwari demanded Rs 1000/- as bribe for issuing revenue extract (Fard Intikhab) which was settled to be paid on 31-1-2009. The complainant produced Rs 500/- for giving the same to the accused Patwari. The complainant requested for legal action against the said Patwari Halqa Kreeri Shangus.

On receipt of the complaint, the instant case was registered at P/SVOK (now ACB) and investigation taken-up. During the course of investigation a trap team was constituted including an independent witness. The trap team caught Patwari Abdul Aziz Wagay red handed for demanding and accepting bribe of Rs 500 from the complainant. After completion of investigation the charge sheet of the case was filed before the competent court. The trial of the trap case was under adjudication before the Court of Special Judge Anti-Corruption Anantnag. The trial court after examining the prosecution witnesses and after hearing the Special Public Prosecutor and Defence Counsel convicted the accused. The accused Abdul Aziz Wagay, has been found guilty and sentenced to simple imprisonment for a period of 18 months under section 5(2) of J&K Prevention of Corruption Act and one year under section 161 RPC and a fine of Rs 10,000 and Rs 5000 under each offence.

UNION TERRITORY OF JAMMU & KASHMIR

Office of the Executive Engineer Flood Spill Channel Division Narbal CORRIGENDUM

Subject: Construction of settling/ Retention Basin at entry point of Hokersar Wetland.
Reference: This office e-NIT No. 32 of 2022-23, dated: 03/10/2022, issued vide endorsement No: FSCDN/CS/6191-6214, dated: 03/10/2022.
In view of representation of contractors to Chief Engineer Kashmir Irrigation & FC Department, regarding no pre-qualification criteria of works upto Rs. 2.50 Cr, the qualification criteria of the subject work at serial No. 01 & 02 of page No. 02 above referred e-NIT are waved off.
Further read the bid submission end date as 24/10/2022 upto 4:00 PM and same shall be opened on 25/10/2022 at 11:00 AM.
However, all other terms and conditions as laid down in the e-NIT shall remain unchanged.
No: FSCDN/CS/6809-33
Dated: 18-10-2022

Sd/- Executive Engineer
Flood Spill Channel
Division, Narbal

DIPK: 12002/22

GOVERNMENT OF JAMMU & KASHMIR

OFFICE OF THE DIVISIONAL FOREST OFFICER SOCIAL FORESTRY DIVISION KUPWARA

FRESH E-NIT NO: 19 OF 2022-23 | DATED: 18-10-2022

For and on behalf of the Hon'ble President of India, e-tenders (Two cover system) are invited from registered, reputed and resourceful Contractors/Firms registered with Jammu & Kashmir Govt./Central Govt. Organizations for the following works: -
Name of Work: - Rehabilitation of Degraded Forests by carrying out afforestation by means of Planting of Conifer plants, Broadleaved plants, Fruit plants etc and all other associated operations as per site conditions involving extraction/carriage/lifting of plants from Departmental Nurseries.

| Particulars of Work | Adv. Cost | Bid Security | Class | T.D Cost | Time |
|--|-----------|--------------|---|----------|--------------|
| 1. Planting of saplings in pits of size 45cmx45cmx45cm within the available blanks of identified site including extraction/carriage/lifting of plants from different Nurseries of Department by mechanical transport within a maximum lead of 100 Kms and headload carriage including loading and unloading up to site of work with all operations as per break up: (i) Conifer Plants= 7000-No.'s, (ii) Broad leaved Plants= 4500-No.'s (iii) Fruit Plants= 0-No.'s Note: Plant material shall be supplied departmentally. Area to be treated: 10.93 -Hac. Location:-41/Magam, Dachina, Range Handwara. | 3.097 | 0.09300 | "DEE" Class PWD Contractor/ Forest Contractor/ JKFDC Contractor | 300/= | 15 Days Only |

The e-NIT Consisting of qualifying information, eligibility criteria, scope of work, Bills of Quantities, (B.O.Q), Terms & Conditions of contract and other details can be seen/downloaded from the departmental website: -www.jktenders.gov.in.

Position of Funds: Budgeted
Position of AA: Give order No. DIR/DSF/C&E/CAMPA/443-56 Dated:-20-06-2022
Position of TS: Give Order No. DIR/DSF/C&E/CAMPA/470-73 Dated:-20-06-2022

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| Date of issue of tender:- | 18-10-2022 2:00 PM |
| Publishing Date:- | 19-10-2022 from 10:00 AM |
| Download Start Date : | 19-10-2022 from 10:00 AM |
| Bid submission Start Date: | 20-10-2022 from 10:00 AM |
| Bid submission End Date: | 25-10-2022 Up to 03:00 PM |
| Date of Opening of Technical Bid through online: | 25-10-2022 at 04:00 PM in the Office of the Divisional Forest Officer Social Forestry Division Kupwara |
| Date of Opening of Financial Bid through online: | 25-10-2022 at 04:30 PM in the Office of the Divisional Forest Officer Social Forestry Division Kupwara |

TERMS & CONDITIONS

- The bids shall be deposited in electronic format on the departmental website: https://jktenders.gov.in. Bidders are advised to download bid submission manual from the "Downloads" option as well as from "Bidders Manual Kit" on website jktenders.gov.in. To participate in bidding process, bidders have to get Digital Signature Certificate (DSC) as per Information Technology Act. Bidders can get Digital Certificate form approved vendor.
- Bids uploaded must accompany Govt. Treasury Receipt (cost of tender document) in the shape of Treasury Challan for the amount shown against the work above to be deposited in Govt. Treasury under Account Head 0406- Forest and Bid Security in the shape of CDR addressed to Divisional Forest Officer. The bids for the work shall remain valid for a period of 90 days from the date of opening of bids.
- The bidders have to submit their Technical & Financial bids online in electronic format with digital signature. No Technical or financial bid will be accepted in physical/hard form. Bids will be opened online as per time schedule mentioned above.
- Bidders must ensure to upload scanned copies of all necessary documents i.e CDR, Valid Registration Card issued by PWD/CPWD/ Forest Dept. duly renewed for the current year 2022-23, PAN, Valid GST Registration, Govt. Treasury receipt (Cost of Tender Document).
- The successful bidder has to produce Valid Labour Registration Certificate issued by Labour Department after issuance of award of contract.
- The Successful bidder must have to produce an affidavit/undertaking from Judicial Magistrate (Court) that the allotted work will be completed within time prescribed in the e-Nit, if fails action under rules will be taken against the defaulter.
- The Department will not be responsible for any delay in online submission of the bid due to any reason (technical or otherwise).
- The Department shall not be held responsible for selection criteria/policy matter being adopted by the Directorate of Information regarding publishing the NIT, in any of the newspaper under circulation.
- The Tender Accepting Authority reserves the right to reject any or all the tenders without assigning any reason thereof.
- All other terms and conditions shall remain same as per PWD form 25 (double leaf) and as per the Detailed Tender document.

No: Actt./SFK/760-63 | Dated: 10-10-2022

Sd/- Divisional Forest Officer, Social Forestry Division, Kupwara

DIPK: 11984/22